FREE SAMPLE

Seal Printables Free Sample

A taster from the seals.animals.im printables collection

FREE · 3 ACTIVITIES · 7 PAGES

ID tips · colouring outline · watching code · sourced facts

Printable PDF · A4 · info@reallybyte.com
British English. For personal and single-classroom use. Facts checked 5 Nov 2026.

FREE SEAL PRINTABLES SAMPLE

Hello, seal spotters!

Three free activities to try at home or in class

In this sample

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Printing tips

- Print at **100% / actual size**.
- Inside pages print fine in black and white.
- Print the ID tips on thin card if you can.

Five-second seal facts

- Two seal species live and breed around the UK all year: the grey seal and the harbour seal (also called the common seal). (NHM)
- Grey seals have nearly parallel nostrils; harbour seals have V-shaped nostrils that almost meet at the bottom. (NHM)
- Grey seal pups wear a white coat and stay ashore for about two to three weeks; harbour seal pups can swim within hours. (NHM)
- UK grey seal pup production in 2022/23 was about 79,122 — a record on the SCOS series. (SCOS 2025 · checked 5 Nov 2026)

FROM THE UK SEALS SPOTTER & ID CARDS

Tell them apart

Grey seal or harbour seal? Use the head, the nostrils and the pups.

Grey seal

Halichoerus grypus — “hook-nosed sea pig”

- Flatter, more ‘Roman’ nose; often a double chin. (SMRU)
- Nearly parallel nostrils. (NHM)
- Britain’s largest resident seal — over 2.5 m and up to about 300 kg. (NHM)
- Pups: fluffy white coats; ashore ~2–3 weeks. (NHM)
- Mostly pup Sept–Dec (earlier west, later east). (NHM)

Harbour seal

Phoca vitulina — also called the common seal

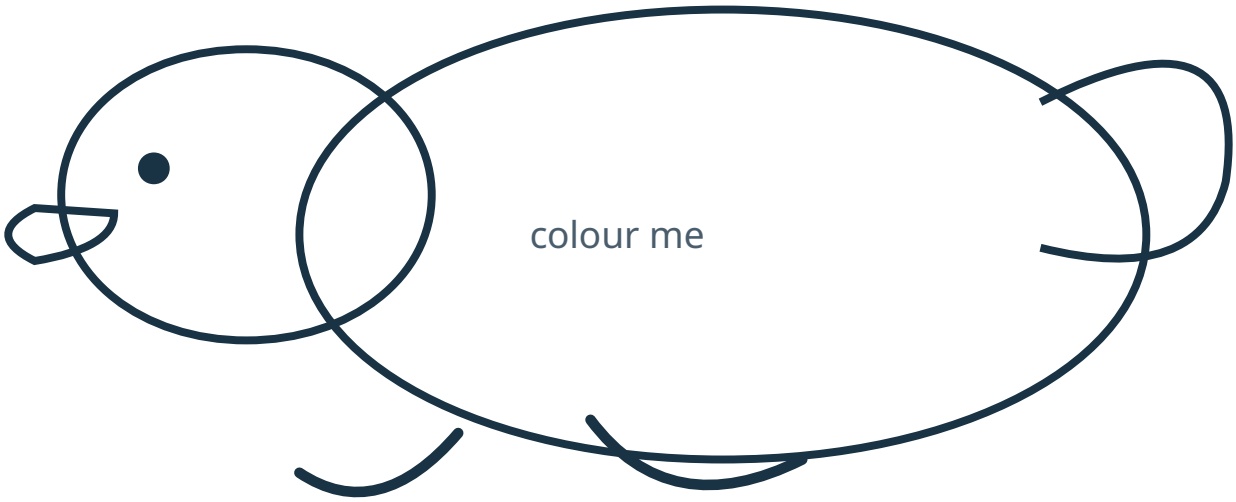
- Dished, dog-like face with a clearer forehead. (SMRU)
- V-shaped nostrils that almost meet at the bottom. (NHM)
- Smaller: roughly up to about 2 m and 70–150 kg. (NHM)
- Pups: ready to swim within a few hours. (NHM)
- Usually pup in June and July. (NHM)

Who am I? “I have a Roman nose, parallel nostrils and a white pup in autumn.” → _____

Full pack: double-sided style cards, haul-out checklist and a longer Who am I? game.

Colour the grey seal

Large outline — greys, silvers and soft browns do most of the work



True fact: Grey seal pups are born with fluffy white coats and stay ashore for about two to three weeks before entering the water. (NHM · checked 5 Nov 2026)

Full pack: more colouring scenes, a maze, word search and spot-the-difference.

FROM THE SEAL COAST WATCHING JOURNAL

Watching code & haul-out log

Give wild seals room. A lone pup is often waiting for mum.

Watching code

- A lone seal pup on a beach is often waiting for its mother. Keep your distance, keep dogs away, and call a local rescue if the pup looks injured or is in clear danger — do not put it back in the sea yourself. (NHM)
- Watch from a distance that does not change the seals' behaviour. If heads go up and seals shuffle toward the water, you are too close.
- Never feed seals. Never try to touch or move a pup.

Haul-out log

Date	_____	Site	_____
Tide	_____	Weather	_____
Grey seals	_____	Harbour seals	_____
Pups	_____	Unsure	_____

Notes / sketches:

CREDITS

Where the facts come from

Every factual line in this sample is checked against its source. Figures that can change carry the date we checked them (5 Nov 2026).

- Natural History Museum: Seals in the UK — nhm.ac.uk/discover/seals-in-the-uk.html
- Sea Mammal Research Unit identifying seals leaflet (PDF)
- SCOS scientific advice on UK seal populations, 2025 report (PDF)
- Mammal Society grey seal and harbour seal pages
- UK Marine Strategy part one update 2026; NatureScot Research Report 1421; IUCN Red List

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